CONRAD

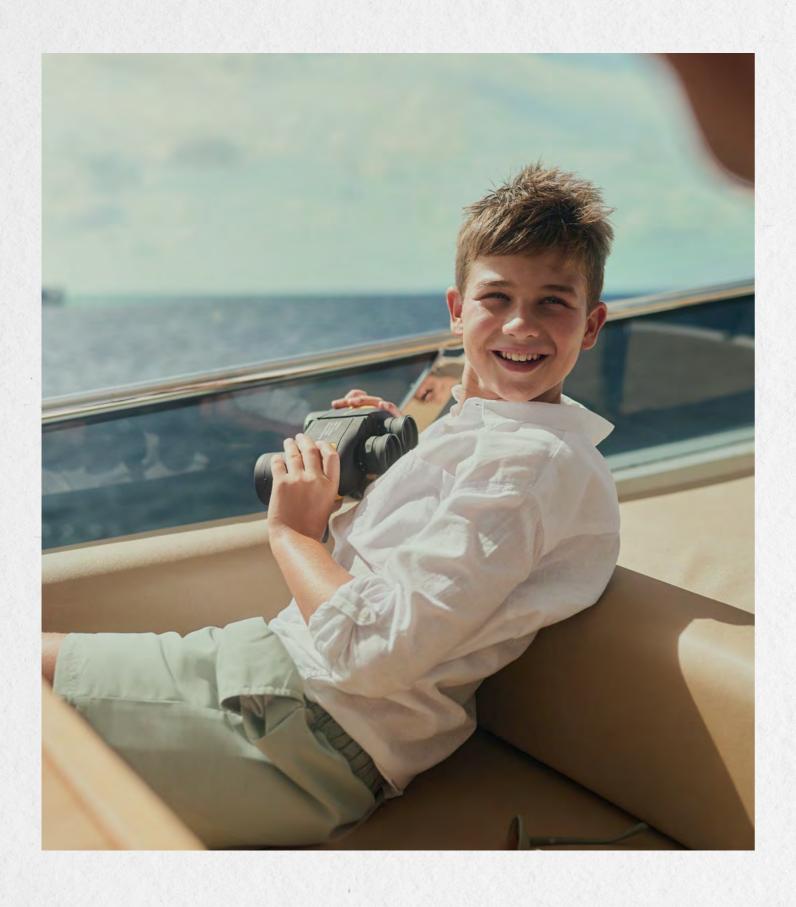
MALDIVES Rangali Island



SIGNATURE ISLAND EXPERIENCES

A NEW JOURNEY TO

CONNECT WITH NATURE





SIGNATURE EXPERIENCES

NATURE WALK

1 Hour

Explore Conrad Maldives Rangali Island's natural wonders on a guided Nature Walk. Discover vibrant ecosystems and ancient flora and fauna, each narrating tales of sustainability and cultural wisdom.

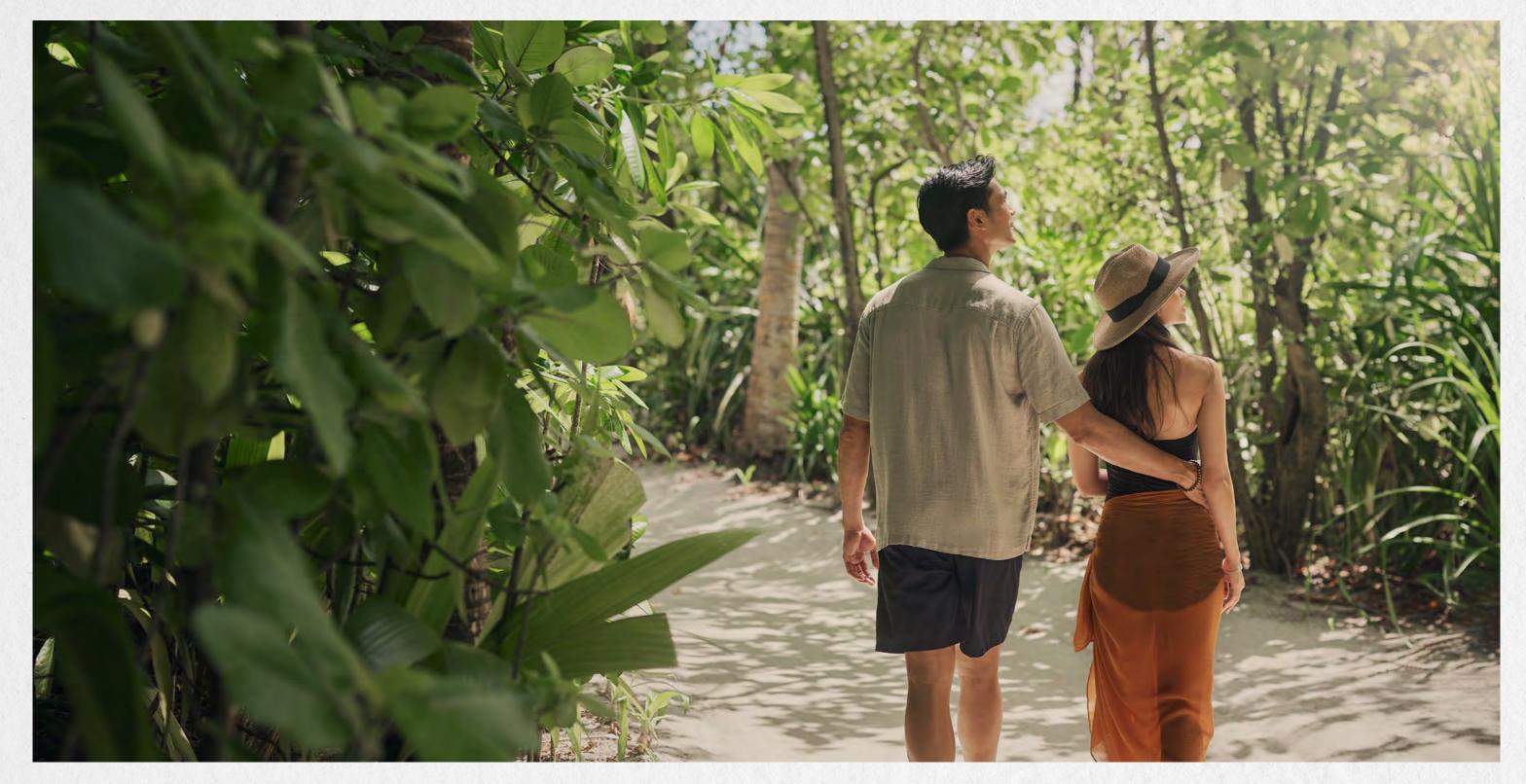
LAGOONTOUR

0.5 Hour

Embark on a breathtaking journey between two islands, exploring the vibrant oceanic wonders of Conrad Maldives Rangali Island. Experience the thrill of exploration amidst serene landscapes, vibrant coral reefs, and endless picturesque vistas.

SIGNATURE EXPERIENCES

NATURE WALK



UNVEIL THE NATURAL WONDERS OF OUR TWO-ISLAND PARADISE A JOURNEY THROUGH TIMELESS NATURAL CHARM

Discover the untouched beauty of Conrad Maldives Rangali Island with our enriching Nature Walk. Journey through the vibrant ecosystems and breathe in the stories of ancient flora and fauna, each narrating a tale of sustainability and cultural wisdom. From the innovative Eco-licious garden to the sprawling banana plantation, each step unveils the dedication to sustainability and serene luxury.

YOUR JOURNEY

TO OUR NATURAL SANCTUARY



ECO-LICIOUS: HYDROPONIC GARDEN

The journey starts at our garden-to-table culinary concept. Here, sustainability meets flavor, blending local ingredients with conservation efforts.

THE SPA RETREAT AND MANDHOO SPA RESTAURANT

Catch a glimpse of the Spa Retreat, a haven of relaxation and view Mandhoo Spa Restaurant, which offers a dining experience crafted around the five elements.

BANANA PLANTATION

Visit our thriving banana plantation, where we cultivate several variety of bananas used in both traditional Maldivian dishes and innovative culinary creations.

4 RANGALI ISLAND WALK

Explore Rangali Island, where seclusion meets innovation. From the first over water villas to the best sunset views, each step on this island brings you closer to its natural charm and architectural marvels.

7:00AM - 8:00AM Every Saturday, subjected to availability.

Complimentary for guests.

Advance booking is essential due to limited capacity. Please contact your Island Host to reserve your spot. The availability of this experience is dependent on weather conditions.

SIGNATURE EXPERIENCES

LAGOONTOUR



A BREATHTAKING JOURNEY THROUGH THE BLUE EXPLORE THE VIBRANT OCEANIC WONDERS OF OUR SANCTUARY

Set sail on a journey between two islands, where every turn reveals the natural beauty of a true Maldivian icon. Our Lagoon Tour invites you to experience the essence of Conrad Maldives Rangali Island—a sanctuary that blends the thrill of exploration with the serenity of paradise. From the vibrant coral reefs to endless picturesque vistas, each moment promises a perfect mix of adventure and relaxation in a world of timeless natural charm.

EXPLORE

THE OCEANIC WONDERS



RECEPTION

Meet your local guide at the reception and embark in a 30-minute journey in our lagoon.

THE SPA RETREAT AND MANDHOO SPA RESTAURANT

See the beauty of the Spa Retreat and Mandhoo Spa Restaurant from your boat and discover the seamless blend of holistic wellness and nutritious dining, set against the tranquil backdrop of the ocean.

THE HOUSE REEF

Deepen your understanding and appreciation of marine conservation and discover the best spots to snorkel in the island.

4 THE MURAKA

Marvel at the Muraka, the first underwater residence in the world.

RANGALI OCEAN PAVILION

Discover two secluded villas, the Maldives' very first glass-floor villa, nestled on the farthest edges of Rangali Island.

VILU RESTAURANT & BAR

Surrounded by swaying palm trees and the breath taking views of the Indian Ocean, Vilu is the perfect spot for a lazy breakfast or long dinner evenings under the star lit Maldivian sky.

MANTA SPOT

Immerse yourself in the mysteries of our lagoon and see the spot where mantas gracefully glide beneath the bridge that connects our two islands.

5:00PM - 5:30PM

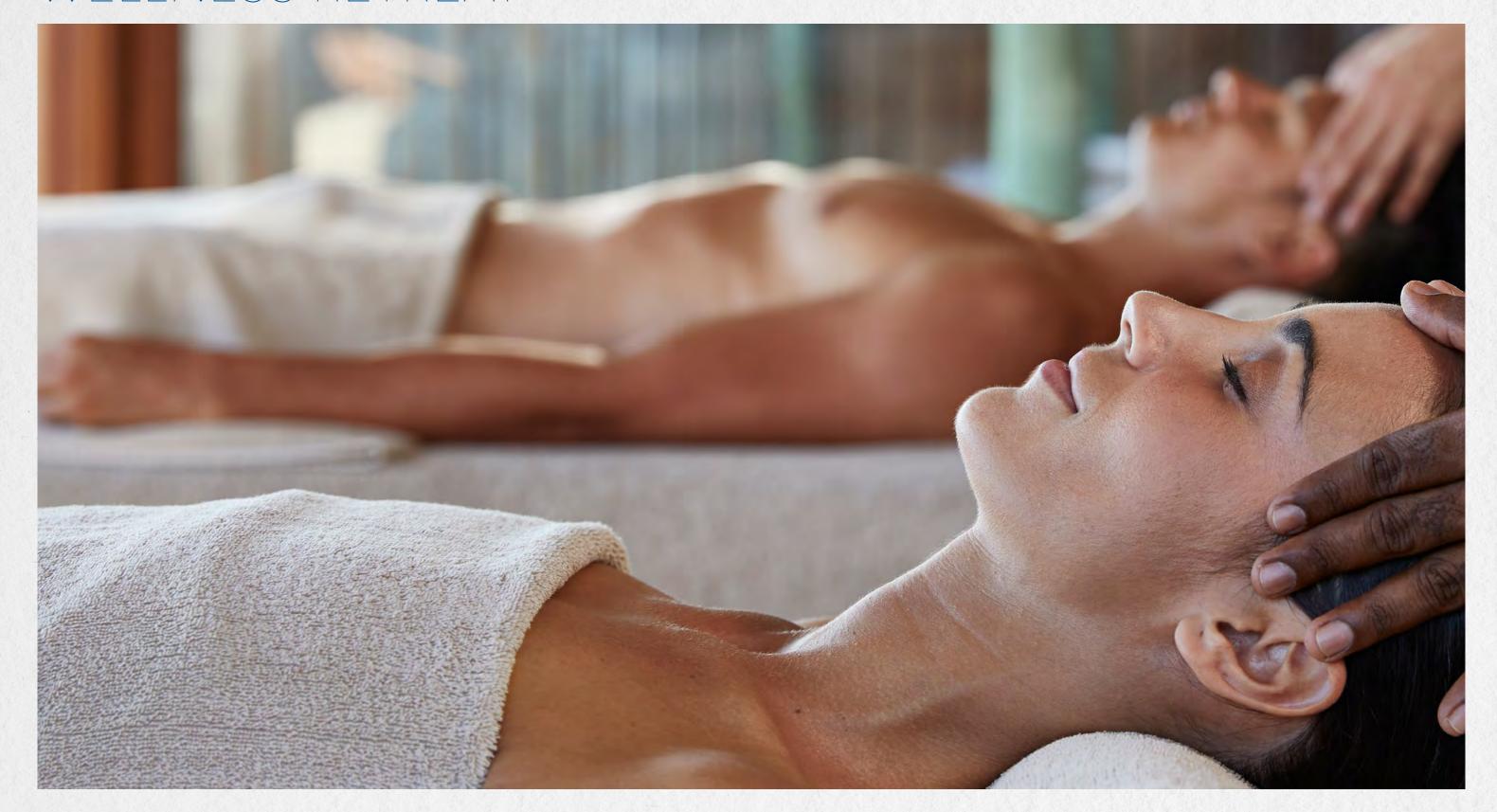
Every Wednesday, subjected to availability.

Complimentary for guests. Advance booking is essential due to limited capacity.

Please contact your Island Host to reserve your spot.
The availability of this experience is dependent on weather conditions.

SIGNATURE EXPERIENCES

WELLNESS RETREAT



REST AND RELAXATION

Embark on an exclusive journey of serenity with our Rest Programs, meticulously crafted to rejuvenate your body and mind. Immerse yourself in personalized wellness consultations, indulgent spa treatments, and meals tailored to your dietary needs by our culinary experts.

YOUR TAILORED PROGRAM

REST AND RELAXATION

SERENE REJUVENATION

Dive into deep relaxation with a focus on restoring sleep and tranquility. US\$1300 per person

DAY 1

- Begin with Personalized Wellness Consultation to tailor your retreat experience
- Engage in Personalized Wellness Activity, chosen to suit your personal wellness goals.*
- Unwind with a 90-minute Sleep Ritual Experience, designed to soothe the mind and body
- Enjoy a healthy dinner, the perfect end to your day
- Relax with nightcap drink

DAY 2

- Start your day with a nutrient-rich breakfast coupled with a morning booster
- Engage in Personalized Wellness Activity, chosen to suit your personal wellness goals.*
- Experience the 90-minute 'Transcend' Treatment, an energy-balancing massage with aromatherapy and gemstones for rejuvenation.
- Savor a plant-based lunch designed to nourish your body, providing a gentle uplift to your day
- Engage in Breath Work & Mindfulness Meditation for inner peace
- Enjoy a healthy dinner, the perfect end to your day
- Conclude with a soothing drink

DAY 3

- Kick-off with a healthy breakfast and a morning booster
- Engage in Personalized Wellness Activity, chosen to suit your personal wellness goals.*
- Enjoy a balanced lunch to provide a gentle uplift to your day
- Rejuvenate with a 120-minute Quench Body and Soul Foot Treatment
- Delight in a delicious, well-balanced dinner
- Wind down the day with a relaxing drink

DAY 4

- Begin with a healthy breakfast and morning booster
- Engage in Personalized Wellness Activity, chosen to suit your personal wellness goals.*
- Enjoy a balanced lunch to provide a gentle uplift to your day
- Indulge in a 90-minute Eshin Scalp Treatment and Hair Care
- Enjoy a healthy dinner to end your day
- Conclude with a soothing drink

DAY 5

- Begin with a healthy breakfast and morning booster
- Develop a personal nutrition and wellness plan during your post wellness consultation

Prices are subject to 10% service charge and 16% TGST. Packages include selected wellness activities, treatments and full board dining experience.

For more information, please contact your Island Host or the Spa Reception on 5360 from your villa telephone.



TRANQUIL ESCAPE

Quickly rejuvenate your spirit with a three-day retreat designed to refresh and soothe. US\$700 per person

DAY 1

- Receive a Personalized Wellness Consultation to customize your stay
- Melt away stress with a 120-minute Quench Body and Soul Foot Treatment
- Find serenity with Breath work & Mindfulness Meditation
- Cap off the day with a nourishing dinner
- Relax with nightcap drink

DAY 2

- Start your day with a nutrient-rich breakfast coupled with a morning booster
- Engage in Personalized Wellness Activity, chosen to suit your personal wellness goals.*
- Experience the 90-minute 'Transcend' Treatment, an energy-balancing massage with aromatherapy and gemstones for rejuvenation.
- Savor a plant-based lunch designed to nourish your body, providing a gentle uplift to your day
- Enjoy a healthy dinner, the perfect end to your day
- Conclude with a soothing drink

DAY 3

- Begin with a healthy breakfast and morning booster
- Engage in Personalized Wellness Activity, chosen to suit your personal wellness goals.*

*You may choose your Personalized Wellness Activities from the following: Yoga Nidra, Meditation and Breath work, Yin Yoga, Sun Salutation.

